

## Occupational Health

There is growing awareness that ill-health, whether arising from work or not, can have significant effects on an organisation. Occupational health advice can help to minimize these effects. The IOM provides high-quality occupational health services that efficiently and effectively address clients' needs. Our services include sickness absence advice, health surveillance and specialist examinations relating to individual employees. We also help with corporate occupational health issues such as occupational health needs assessments, policy preparation and reviews of specific hazards to health.



### Our Services

Our occupational health team routinely deals with almost any matter relating to health at work. Our services range from one-off examinations to the provision of on-going services to clients over periods of many years. We provide general occupational health services and a range of health surveillance services that help our clients meet regulatory requirements and also provide them with the information required for effective health and safety management.

Our occupational health team can call on the expertise of a range of in-house specialists including occupational hygienists and ergonomists to ensure that we can provide a comprehensive, high-quality service.

**RESEARCH CONSULTING SERVICES**

Multi-disciplinary specialists in Occupational and Environmental Health and Hygiene

## Case Study

The IOM were contacted by a heavy engineering company that had problems with sickness absence and work-related ill-health. An occupational health strategy was agreed; this included a health surveillance programme and a review of sickness absence. The health surveillance programme identified some employees with occupational ill-health, occupational health advice enabled these people to be safely redeployed and led to improvements in controls to better protect the health of the workforce. Sickness absence advice enabled appropriate return to work plans and adjustments to be agreed, with a reduction in sickness absence levels.

## Our Commitment to You

IOM has a unique depth and breadth of experience in occupational health and its management. Over 35 years, we have undertaken world class epidemiological research, investigated disease mechanisms, quantitatively assessed risks, provided expert witness services, and provided top quality occupational health services and health surveillance to many clients across the UK and beyond. We pride ourselves in providing our clients with efficient, cost effective advice. Our wealth of knowledge and experience is available to help you manage health in your workplace.

## Our Occupational Health Services include

- Pre-employment assessments
- Fitness for work assessments
- Functional capacity assessments
- Sickness absence advice
- Rehabilitation advice
- Disability advice
- Ill-health retirement assessments
- Night worker assessments
- Occupational health needs assessments
- Occupational health audits
- Advice on managing attendance
- Advice on stress and mental health issues within the workplace
- Occupational health strategy and policy advice
- Reviews of specific health hazards and work practices
- Health education including health promotion awareness sessions at clients' sites
- Occupational health training
- Medico-legal advice and report preparation.
- Respiratory surveillance and lung function testing
- Chest X-rays
- Hearing health surveillance and audiometry
- Hand-arm vibration surveillance
- DSE/ vision screening
- Skin assessments
- Stress & lifestyle advice assessments
- Statutory medical assessments / appointed doctor medicals

## Did you know?

You are only a phone call or a mouse click away from accessing the full range of **IOM Services**. These are underpinned by an unrivalled body of knowledge, and more than three decades of service provision and research. We provide a wide range of health and safety services encompassing many diseases and risk factors. We can help you with large issues and small, and our services include:

- COSHH assessments and monitoring
- Noise and vibration surveys and assessments
- laboratory analysis
- DSE and Manual handling assessments
- Ventilation testing
- Asbestos surveys
- Asbestos monitoring and management
- Protective clothing testing
- Immunology testing and allergen monitoring
- Face fit testing for respirators
- Legionella testing,
- Stress management
- control of exposure and personal protection
- health and safety management

Our purpose is to help you keep workers healthy. Our teams of scientists, clinicians, technicians and consultants include a number with international reputations in their fields of expertise. So, whatever your occupational health concerns, we'll give you access to real experts, who will listen, understand, and focus on providing the services and help that you need.

**For more information please contact:**

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