

Ergonomics

The IOM's Ergonomics team helps a wide range of businesses, public sector and voluntary agencies to successfully design and manage the interaction between people and their working environment.

We help to prevent injuries associated with manual handling, repetitive tasks and working with display screen equipment, by providing advice and recommendations on; the task, the equipment, the environment (work place design and layout) and the capabilities of the individual to perform the task.



Our Services

We focus primarily on helping you comply with health and safety regulations and maintain a healthy workplace.

We can carry out manual assessments to help you to comply with legal requirements, encourage employees to adopt safe handling techniques and train your employees to carry out risk assessments. We provide similar services in relation to display screen equipment (DSE).

We can perform individual workplace assessments and provide user training in order to comply with legal requirements.

Our team can provide many other services which will allow your organisation to keep (and maintain) a healthy workplace.

RESEARCH CONSULTING SERVICES

Multi-disciplinary specialists in Occupational and Environmental Health and Hygiene

Our Commitment to you

IOM ergonomists have played a central role in helping many companies prevent and reduce ill health in the work place as well as meet the relevant health and safety legislation.

We routinely assess, audit and advise on matters relating to health and safety including; manual handling, work related upper limb disorders, display screen equipment and office health.

The nature of our services ranges from one-off basic risk assessments through to the provision of on-going services to clients over periods of many years.

The benefits of this range from reducing work-related injuries and ill health, absenteeism and staff turnover through to improving organisational efficiency, productivity and morale.

We also provide expert witness services for civil litigation and public inquiries.

The most important asset any company has is its staff and at IOM we will work together with you to ensure the health, safety and well-being of all your employees remains a top priority.

Range of services

Manual Handling

- Risk assessment and reduction
- Assessor training
- Awareness training for staff

Display Screen Equipment

- Risk assessment and reduction in order to comply
- with current Regulations
- Assessor training
- Lighting survey within the Office
- Expert advice on specific problems e.g. Tenosynovitis

Personal Protective Equipment

- Assessing the suitability of PPE from an ergonomics perspective including heat stress and sizing issues

Expert witness services

- Providing specialist advice to help address specific health issues

User trials

- Providing advice on suitability of equipment (for example, chair clinics to find the most suitable chair for your staff)

The IOM Ergonomics team strives to provide consistent, cost effective solutions to health and safety issues that concern both management and the individual within the work place.

Did you know?

You are only a phone call or a mouse click away from accessing the full range of **IOM Services**. These are underpinned by an unrivalled body of knowledge, and more than three decades of service provision and research. We provide a wide range of health and safety services encompassing many diseases and risk factors. We can help you with large issues and small, and our services include:

- occupational health support
- clinical examinations
- health surveillance
- COSHH assessments and monitoring
- noise and vibration surveys and assessments
- laboratory analysis
- asbestos management, monitoring and surveys
- ventilation testing
- protective clothing testing
- immunology testing and allergen monitoring
- face fit testing for respirators
- Legionella testing,
- stress management
- control of exposure and personal protection
- health and safety management

Our purpose is to help you keep workers healthy. Our teams of scientists, clinicians, technicians and consultants include a number with international reputations in their fields of expertise. So, whatever your occupational health concerns, we'll give you access to real experts, who will listen, understand, and focus on providing the services and help that you need.

For further information please contact:

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